

ECONOMY IN FOOD.

One way to economize in food is to buy

carefully; another way is to cook it carefully. More actual food value is wasted in cooking than most people are aware. Dr. Macadam Glasgow has made a special study of this question.

tion, and his many detailed experiments show that meat cooked in a coal range yields 60

the yield is about 75 per cent. This means a joint weighing 10 pounds, when cooked by the dry method, yields 7 1/2 pounds when done, but will

cooked by a gas range yields 14 pounds of meat, the difference is largely due to the greater amount of the nutritious juices of the meat kept in when broiling is done by gas. In other words, you simply throw away a pound and a half of meat out of every ten you buy when you roast it over a coal range. If a butcher cheated you like this, you patronize him? Would you? Why should you patronize a coal range, which practically makes you pay for 10 per cent. more meat than you really get?

pointment of an inspector abroad is not considered necessary.

IMPORTS AND EXPORTS.

INTERESTING FIGURES FROM THE ANNUAL REPORT OF THE COMMISSIONER OF CUSTOMS.

Washington, Aug. 25.—The forthcoming annual report of the Bureau of Statistics will show the percentages of the aggregate exports of the United States for the fiscal year ended June 30, 1895, seventy of the principal customs ports. It shows that the exports from the port of New-York have fallen off from 40.32 per cent of the whole in 1895.

The whole in 1885, 10.83 per cent in 1886 and 9.07 per cent in 1887. New-Orleans has made a gain from 8.47 per cent in 1885 to 9.66 in 1887. Baltimore, 8.17 per cent in 1885 to 7.52 per cent in 1887, and 8.15 per cent last year. This increase is said to be due to the increase in the shipments of corn.

The exports from Philadelphia increased from 6.22 per cent in 1886 to 8.15 per cent last year. This increase is said to be due to the recent exceptions in large shipments of wheat. There was also an increase at San Francisco from 2.79 per cent in 1886 to 3.77 in 1887. Galveston, Tex., increased from 1.85 per cent in 1886 to 5.54 last year, and New-York, N. Y., from 1.33 to 2.17 per cent last year. Philadelphia increased from 78 per cent in 1886 to 113 in 1887. Norfolk and Portsmouth, Va., increased from 77 in 1886 to 117 last year. Chicago increased from 15 per cent in 1886 to 22 per cent last year.

In the matter of imports, New-York shows a falling off from 64.12 per cent of the whole imports into the United States in 1886 to 62.93 in 1887. Baltimore shows an increase from 1.74 to 2.17. New-Orleans from 1.73 to 1.49. Philadelphia increased from 5.82 to 6.29. San Francisco fell off from 5.51 to 4.70 per cent in 1886 to 1887. These figures represent the goods that were

into account the locality from which the shipments were made. Thus a cargo of cattle shipped from Chicago, by rail to New-York, and there entered for export to Liverpool, would be recorded as export from New-York.

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CONDITION OF THE NATIONAL BANK

THEIR STRENGTH POINTED OUT BY THE ASSISTANT CONTROLLER OF THE CURRENCY.

Washington, Aug. 25.—George M. Coffin, Assistant Controller of the Currency, in speaking of the condition of the reports of the National banks, said that 756 made public yesterday, said to-day:

"The figures showing total resources and liabilities of all the National banks on July 23, 1897, compiled, are full of strength and promise. They show total resources or liabilities amounting

"But the meaning of the figures is that the national banks as a whole have a stronger position with respect to resources to furnish facilities for moving the great wheat and cotton crops that are now coming to the market than they had in the past. The future, therefore, that, amid all the present evidences of business depression, is before the country is not a

may be forgotten, and that the ball of speculation may be again set rolling into a future of business disaster.

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NOTES ABOUT NAVAL AFFAIRS.

Washington, Aug. 25.—The report of the dock of the Indiana at Halifax, made by Captain Taylor has been received at the Navy Department. The ship was found in much better condition than was expected, and after receiving a coat of paint, is now ready for sea.

The Alliance has sailed from Cherbourg to Gibraltar.

Lieutenant J. H. Bowyer has been detached from the Bureau of ordnance and ordered to the Washington yard. Lieutenant C. A. Gove to the Navy. Lieutenant W. F. Halseth detached from the War College and ordered to the Naval Academy. Passed Assistant Engineer F. Schell detached from the Navy and ordered to the Naval Academy.

The Marblehead has arrived at Sydney, C. R. and will have cruise in the vicinity of the arrival of the American mackerel fleet.

The Raleigh has sailed from La Goulette Tripoli.

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GENERAL WILSON'S TOUR OF INSPECTION.

Washington, Aug. 25.—General Wilson, Chief Engineers of the Army, started to-day for a tour of inspection of works in New-England.

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ARMY TO ANOTHER STATE.

Washington, Aug. 25.—General Lieber, Judge-advocate of the Army, to-day decided, and his opinion was approved by Acting Secretary Meiklejohn, that an officer or soldier of the Army might wear arms from one State into another and was not subject to the police regulations of States as to the carrying of arms. The case arose on a request from General Otis, commanding the Department of the South, for arms for his troops.

ment of Colorado, who asked the War Department if soldiers could carry their arms in going to the target practice, which required crossing the Stripling. The opinion of General Lieber is that a soldier under orders is an instrumentality of Government of the United States and may carry the arms and equipment which the Army regulations require.

TO REBUILD ON ELLIS ISLAND.
Washington, Aug. 25.—Mr. Smithmeyer, the Washington architect who was designated by the Secretary of the Treasury to do the work preliminary to the rebuilding of the immigrant station on Ellis Island, in New-York Bay, has returned to Washington. A request for bids for the work of filling in the island will be added to the program of the

the island, will be made soon and steps taken secure competitive plans and specifications for new buildings. The Secretary probably will require a number of well-known architects to submit plans, from which a selection may be made.

THESE PENSIONS NOT INCREASED

Washington, Aug. 25.—The Acting Judge-Advocate General has prepared and Assistant Secretary of War Roosevelt has approved an opinion concerning pensions which have been for some time in question. The case decided was that of William Bealer, who enlisted in the Marine Corps in 1917 and was discharged in 1920. He received an allowance of \$2 a month from the Naval Pension Fund. Under pension legislation of 1905, all pensioners receiving less than \$5 per month were increased to that amount. Bealer wanted the increase. The decision holds that the law of 1895 applies to pensioners un-

SECRETARY WILSON WANTED AT FAIR
Washington, Aug. 25.—Many invitations were addressed to Secretary Wilson of the State Department by the approaching autumn county fairs. The Agricultural Department has a large number of them being from the Southern States. The invitations from that section express a desire to have the Secretary inspect the agricultural conditions and to have the benefit of his advice as a practical farmer after such inspection. Secretary Wilson has declined all such requests. No definite reply can be made but it is known that he expects to go to Nashville, Tenn., in the near future. It is probable that he may so give his visit there as to take in some of the fairs.

BICYCLE FOR \$50

at them. They are the "Tally-Ho,"
at Toledo, Ohio. Different from all
have been thoroughly tried and not
and diamond frames. Their special

le—creates great power.
82.
ked their market for Tandems, the
of \$50.

ANAMAKER

conference at least, and that there will be a big increase in the force of agitators here this week.

STRIKERS MAY HAVE CAUSED THE FIRE.
A POWER-HOUSE BURNED AT FEDERAL PENN.—
MULES POISONED AT HASTINGS.

eral Coal Company, operated by E. W. Powers, at Federal, Penn., on the Pittsburgh, Chartiers and Youghiogheny Railroad, was destroyed by fire shortly after midnight. The flames spread rapidly.

and great difficulty was experienced in saving his tipple. There seems to be no doubt that the two men were seen running down the railroad track a few minutes before the explosion. It is said that the first man who was started Mr. Powers has made himself unpopular by threatening to import colored men and start a new mine in the neighborhood of the old one, and his chitney. The loss is \$3,000.

Stirling mine, where the cause of poisoning the mares in Sterling Mine No. 8 at Hastings, Penn. One male has died, another is missing, and four others are seriously ill. It is said that the men were to have had the carcasses of the dead one examined, proving that its death was due to poisoning, and that the others would be killed and down and the carcasses removed. It is one of the largest mines in Pennsylvania and the cause of the trouble is being investigated. Superintendent Nichols has had so much trouble

PATRICK DOLAN ARRESTED.
HE DENIED THE ASSERTIONS OF DEPUTY-SHERIFFS AND THEY MADE HIM A PRISONER.

Pittsburg, Aug. 25.—Patrick Dolan, district president of the United Mine Workers of America, was arrested in Whitington County this afternoon while leading a body of members past the Allison mine of Cook & Sons, near McGovern station. Ever since the strike started the miners have been making

from the mine to the railroad, where there is a tramway, under which runs the public road. This morning, with a band at their head, about four hundred marchers tramped along the pike and passed under the tramway. On their return they were stopped by deputy-sheriffs and told that they could not pass under the tramway. The marchers became enraged, and for a time it looked as if there would

where they were, and communicated with President Dolan by telegraph. Dolan arrived shortly after 4 o'clock and told the marchers they would lead the procession. The band, with Dolan at its head and the marchers following, then started. When Dolan reached the tramway he saw the soldiers and decided that he could go no further, and when he wanted to know the reason why he was told that such a move was a violation of the law and the injunction. This Dolan denied, and the soldiers followed him. He was then told to get into the first train. The marchers were allowed to return to their camp unmolested.

A PIN-SNATCHER ON A BROADWAY CAR.

THE JEWEL, HOWEVER, HAD A PATENT CLASP, AND THE THIEF WAS FOILED AND ARRESTED.

When a man tried to take a sparkling diamond pin from the shirtfront of Ignatius Ross, of No. 25 West Ninety-sixth street, last night, Ross only

The attempt of last night was made just before 6 o'clock, while Ross was a passenger on a north-bound Broadway car. At Twenty-ninth-st. a man grabbed the stud and Ross grabbed him. Then a

passengers, conductor and gripman in took a car after that, and a crowd surrounded the stopped car. When Patrolman Lawless rushed up the gripman turned the two men over to him.

At the station the prisoners said they were William Brown, twenty-two years old, of No. 223 West Sixteenth-st., and Joseph McInnis, seventeen years old, of No. 314 East Thirtieth-st.

VOTES OF THE STAGE.

March, "Norma".....	R. Knipfel
Overture, "Euryanthe".....	Weber
Entr'acte, "Columbe".....	Gounod
"Visions in a Garden".....	Lumbye
Fantasia, Op. 10, No. 2.....	Meyerbeer
Polka, "Il Guarany".....	Gomez
Nocturne, Op. 9, No. 3.....	Rubinstein

"Paraisus".....	Nevin
April Chorus, "Trovatore".....	Verdi
Second Rhapsody.....	Liszt
Overture, "Pleasant and Pleasant".....	Supt.
Song, "Farewell".....	Schubert
Corset Girl, A. W. Williams.....	
Valse, "Eloenne March".....	Saint-Saens
March, "Band Crest".....	Gottschalk

Charles E. Evans yesterday received a new lease

The souvenir of the one hundredth performance of "The Whirl of the Town" at the Casino to-night will be a facsimile of the tribute sent from the Casino for the Queen's Jubilee. It is an illuminated address signed by some four hundred persons.

Frohman for the first performance of "Secret Service" at the Renaissance Theatre, Paris, is September 23. Mr. Harbs, stage manager of the American company, and Mr. Williams, of the Garrick Theatre, with the force of men under them, will sail on September 4 on La Champagne. They will attend to the mechanical portion of the production. Charles Dillingham, who is now in Paris, will represent Mr. Frohman in the direction

Ex-Corporal Nelson K. High, one of the best foot and mounted fencers of the United States Army, last week bought his discharge from Troop A, United States Cavalry, stationed at Fort Myer, in Virginia, to compete with Jaguarina, the famous swordswoman appearing with May Howard's New Extravaganza Company at the Pleasure Palace next Monday.

"Never Again," which moved from the Garrick Theatre to the Empire this week, will have one more week in town. It will hold the stage of Hoyt's Theatre next week, and this, it is announced, will be the last of its stay.

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KILLED HIS WIFE WITH A GUN.
Carrollton, Ga., Aug. 25.—William Harper, who

lives exacted from him. He instantly killed his wife to-day. Harper says that he had been out with his gun to see what was disturbing his chickens, and as he was going back into the house he stumbled and fell, when the gun was discharged, shooting his wife in the back and killing her almost instantly. The affair occurred at 2 o'clock in the morning. On account of Harper's reputation and previous trouble between his wife and himself, many think the shooting was not ac-

Difference

plant and the habits of a hog, and
Cottolene and lard. Cottolene is all
as few redeeming features.

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